



**DINGWALL AMATEUR SWIMMING CLUB  
SWIMMER CODE OF CONDUCT**

**Swimmer Name:** \_\_\_\_\_

**Swimmers Code of Conduct**

By signing this document, I agree to:

- Be at the pool on time for training – Punctuality on all occasions is essential.
- Ensure that the correct equipment is taken to training
- Advise the coach (in advance wherever possible) reasons for non-attendance at any missed training sessions.
- Respect all other swimmers and give encouragement and praise regardless of age, sexuality, gender, ability or race.
- Show respect at all times to swimmers, coaches, committee members and officials.
- Once changed, all clothes should be put into lockers, not left in the cubicles.
- When representing the Club at training or in competitions always set a good example, behave responsibly and be respectful of others (coaches, swimmers, parents and leisure centre staff)
- Discuss any concerns I may have with the coaches, committee or Club Captains
- Abide by the rules and respect the decision of officials, making all appeals through the formal process and respecting the final decision.
- Refrain from any acts of aggression towards or harassment of others.
- Refrain from any behaviour that may bring the Club into disrepute.

I understand that if I do not follow the Code of Conduct, any/all of the following actions may be taken by Dingwall Amateur Swimming Club or Scottish Swimming:

- Issued with a verbal warning from the Head Coach in the first instance
- Obligated to leave the swimming pool by the club
- Required to meet with the Chair/Club Committee/Scottish Swimming representative
- Requested by the club not to attend future training or swim meets
- Required to leave the club along with any dependants.

**Swimmer Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_