



DINGWALL AMATEUR SWIMMING CLUB PARENT/GUARDIAN CODE OF CONDUCT

Please read, sign and return to the Head Coach or Committee Member.

Dingwall Amateur Swimming Club (DASC) is committed to creating a positive environment for all participants.

It is expected, therefore, that parents should:

- Encourage their child to swim, never force them.
- Remember that their child participates in sport for their own enjoyment, not their parents.
- Ensure that their child arrives to be ready **five to ten minutes** before the start of the session with the correct kit.
- Inform the coach personally, or via another adult, if their child is required to leave a training session early
- Advise the Head Coach in advance of non-attendance at training sessions or competitions.
- Inform the Head Coach before training of any illness / injury their child may have.
- Do not interrupt any Coach while coaching unless asked to do so or in an emergency. If you wish to speak to a Coach about their child, please speak to them at the start of a session to arrange a suitable time.
- Focus on their child's efforts rather than winning or losing.
- Provide positive verbal feedback after training and competition.
- Be realistic about their child's ability; do not push them beyond that which they are capable of achieving.
- Show appreciation for good performance and skilful performances by all athletes (including opposing swimmers)
- Be willing to undertake to help the Club to ensure the smooth running of Club Championships, away meets and other Club events.
- Respect all decisions made by the Head Coach regarding Team Selections, Event Selection and Squad Movements.
- Bullying of any kind (whether that be Emotional, Physical, Racist, Sexual, Homophobic and Verbal, but not limited to these), will not be tolerated.

Sanctions:

Any breaches of the Parent Code of Conduct will be dealt with in accordance with the Club's disciplinary procedures.

Name (printed): _____

Signature: _____

Date: _____