



## HEAD (LEAD) COACH Role Descriptor

### PURPOSE

To improve performance of athletes in a safe and positive environment, while working alongside other club staff to deliver a well organised, appropriate and effective programme.

### MAIN FUNCTIONS AND DUTIES

- To provide quality coaching programmes to the ability of all athletes
- Responsible for planning and delivering all training sessions to all squads at Dingwall ASC, with the support of the coaching staff.
- Oversee and direct all coaches and poolside volunteers within Dingwall ASC to create a safe, professional working environment
- Work with the Coaching Staff to produce a progressive, inclusive training plan across all squads.
- Plan a suitable annual competition calendar for each squad, targeting appropriate competitions suited to athletes abilities and goals
- Work with the Coaching Staff in providing a clear development pathway for all swimmers from Development Squad through to the A Squad and monitor squad progression, oversee squad promotions and give feedback on progression where appropriate
- Communicate effectively with all members of Dingwall ASC including the coaches, swimmers, committee and parents.
- Lead all scheduled coaches' meetings (where appropriate)
- To assist the athletes to achieve their full potential with the objective of achieving district / national / international / world class standards
- To lead and coordinate the coaching team, and provide advice and support to assistant coaches and helpers
- To support club development initiatives
- Abide by and promote sound ethics and club policies; child protection, fair play and equal opportunities to all members
- To attend and contribute to appropriate club meetings

### SKILLS / ATTRIBUTES

- Motivational
- Good organisation and communication skills
- Ability to make the session enjoyable
- Efficient and effective time management
- Show an appropriate level of technical knowledge
- Approachable and friendly

### REQUIREMENTS

- PVG Scheme Membership
- Complete a self-declaration
- Be a member of Scottish Swimming
- Attend appropriate training
- Sign and adhere to the Coach's Code of Conduct

### TRAINING AND SUPPORT

- Scottish Swimming UKCC Level 2 (minimum)
- Appropriate CPD
- Safeguarding & Protecting Children Workshop (renewable every 3 years)

### TIME COMMITMENT

6 hours per week of poolside coaching (not including planning/administrative work or competition)